



MARYLAND HALL
art for all

Maryland Hall Presents: **Healing Conversations**

'Unlocking the Transformative Tools of Art Therapy'

'Unlocking the Transformative Tools of Art Therapy', will take place on Wednesday, November 16th, 2022, in our Bowen Theatre at 7 PM.

MODERATOR:



Karen Alexander

Karen Alexander is Director of Outreach and Education for the International Arts + Mind Lab (IAM Lab), Center for Applied Neuroaesthetics in the Pedersen Brain Science Institute at Johns Hopkins University School of Medicine. This neuroaesthetics research-to-practice initiative brings together brain scientists and practitioners in performing arts, architecture, visual arts, and creative arts therapies to foster collaboration and research. Prior to joining the IAM Lab, Karen served as program director for BrainFutures, a national non-profit formed to assess and advance the practical application of neuroscience research to improve human outcomes. She has worked in program management, research, and communications across a wide range of arts

PANELISTS:



Julia King

*Juliet L. King (PhDc), ATR-BC, LPC, LMHC is an Associate Professor of Art Therapy at The George Washington University and an Adjunct Associate Professor of Neurology at the Indiana University School of Medicine. Professor King received her MA in Art Therapy from Hahnemann University (now Drexel University) and has over two decades as a clinician, administrator, and educator. She developed and implemented the graduate art therapy program at Herron School of Art & Design-IUPUI, where her leadership spearheaded over thirty graduate student internships in the Indianapolis community and throughout the state. She developed and continues to oversee the Art Therapy in Neuroscience and Medicine program at the Indiana University Neuroscience Center which provides clinical support and research activities for people with Neurodegenerative Disease and Trauma. Professor King's research explores the systematic integration of art therapy and neuroscience with a particular focus on neuroaesthetics and Mobile Brain/Body Imaging (MoBI) as instrumentation to explore and test the psychological mechanisms of change in creative arts therapies. Juliet is pursuing a Ph.D. in Translational Health Sciences, and her dissertation research centers on neuroscience-informed art therapy applications in the treatment of psychological trauma. In 2016 she wrote and edited *Art Therapy, Neuroscience, and Trauma: Theoretical and Practical Perspectives* and is currently working on a second edition, set for publication in June 2023.*



Cathy Goucher

Cathy Goucher, MA, ATR-BC is a Licensed Clinical Professional Art Therapist (LCPAT) who has been in private practice and in special education settings for over twenty-five years. In 2010, Cathy helped found Make Studio, a non-profit and progressive art studio for adult artists with disabilities. Cathy is also the Founding Director, now Department Chair, for the art therapy programs, including an undergraduate major and a MA in Art Therapy graduate training program, at Notre Dame of Maryland University. The graduate program, the only in Maryland, has successfully launched twenty graduate students to date and works to prepare clinicians who will give back to and meaningfully serve their communities through the



Aubrey Bodt

Aubrey is a full-time licensed art therapist, counselor, and board-certified and registered art therapist at the University of Maryland Children's Hospital (UMCH), located within the University of Maryland Medical Center, downtown Baltimore. Aubrey leads the Yumi C.A.R.E.S./UMCH Art Therapy program, founded by Maryland's First Lady, Yumi Hogan, supervises graduate-level art therapy student interns, guest lectures at the University of Maryland School of Medicine, and is adjunct faculty at Towson University. Aubrey is also the current President of the Maryland Art Therapy Association. Prior to UMCH, Aubrey worked at Sheppard Pratt's Center for Eating Disorders at all levels of care. There, she became the lead art therapist at all levels of care, conducted trauma specialty groups on the units, and headed the modification of the inpatient mindfulness program toward safer, data-driven practice. She also provided part-time therapeutic art to pediatric patients at the Johns Hopkins Children's Center through the Healing Arts, Artist-in-Residence program. Before obtaining art therapy licensure, Aubrey instructed fine art to middle and high school level patients/students with severe emotional and behavioral disabilities at Sheppard Pratt's School and Residential Treatment Center, formerly known as Sheppard Pratt's Mann Residential School. Aubrey graduated Summa Cum Laude from Eastern Virginia Medical School with a Master of Science in Art Therapy & Counseling. In addition, she graduated Summa Cum Laude from Marywood University with a Master of Fine Arts.